



Barracudas Swim Team Prep and Junior Prep Spring 2018

Swim Team Prep-

This program is for swimmers ages 4-12 that are proficient in freestyle and backstroke and are ready to learn the remaining competitive strokes. The goal of this program is for swimmers to be ready to take the next step towards swim team. Practices are one hour with the coach instructing from the pool deck. These swimmers will compete in all dual meets during the summer season.

Junior Prep-

This program is for swimmer ages 4-8 that are too advanced for swim lessons. Swimmers must be able to swim 25 yards without stopping, float on their back, begin the fundamentals of freestyle and backstroke, and have a green wristband. These swimmers will compete in all dual meets during the summer season.

Important items for all swimmers:

- Swimmers must have coach approved assessment before first time registration.
This form is attached to this packet.
- Goggles are required for all swimmers.
- Cap is required for swimmers with hair past their ears.
 - One piece swim suits only.

We use Team Unify to schedule meets, maintain accounts, and communicate with parents. Please make sure you provide the email that you check most regularly. You will receive an email with instructions on how to set up your password for your account. If you have not received this email within the first week of practice please let your coach know.