



# MY COVID-19 CHRONICLES



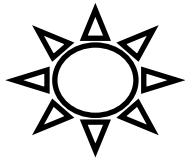
**BY:** \_\_\_\_\_

# FREEZE FRAME

A snapshot all about me!

Today's Date: \_\_\_\_\_

## A few of my favorite things



color: \_\_\_\_\_

movie: \_\_\_\_\_

animal: \_\_\_\_\_

song: \_\_\_\_\_

school subject: \_\_\_\_\_

game: \_\_\_\_\_

book: \_\_\_\_\_

place to visit: \_\_\_\_\_

food: \_\_\_\_\_

I am \_\_\_\_\_  
years old

I weigh \_\_\_\_\_  
pounds

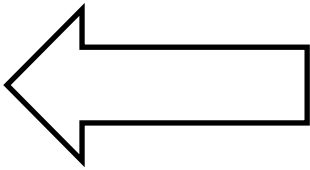
I am \_\_\_\_\_  
tall

I wear \_\_\_\_\_  
size shoe

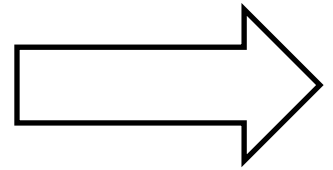
What do I want to be when I grow up?

\_\_\_\_\_

\_\_\_\_\_



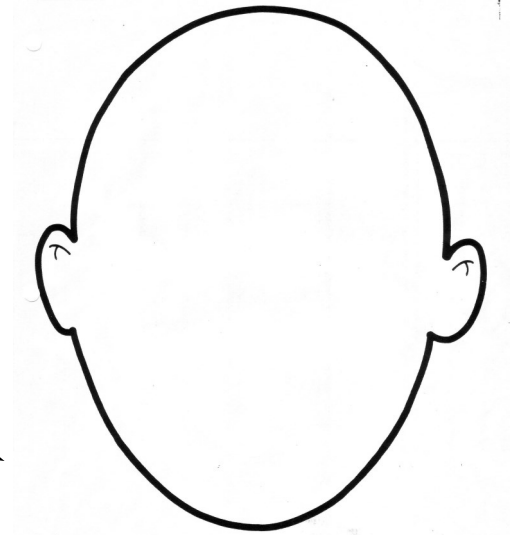
# CHECKING IN WITH YOURSELF



What I have learned from this time:

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Draw a face that shows how you feel

Words to describe how I feel (circle the words that apply):



I am grateful for:

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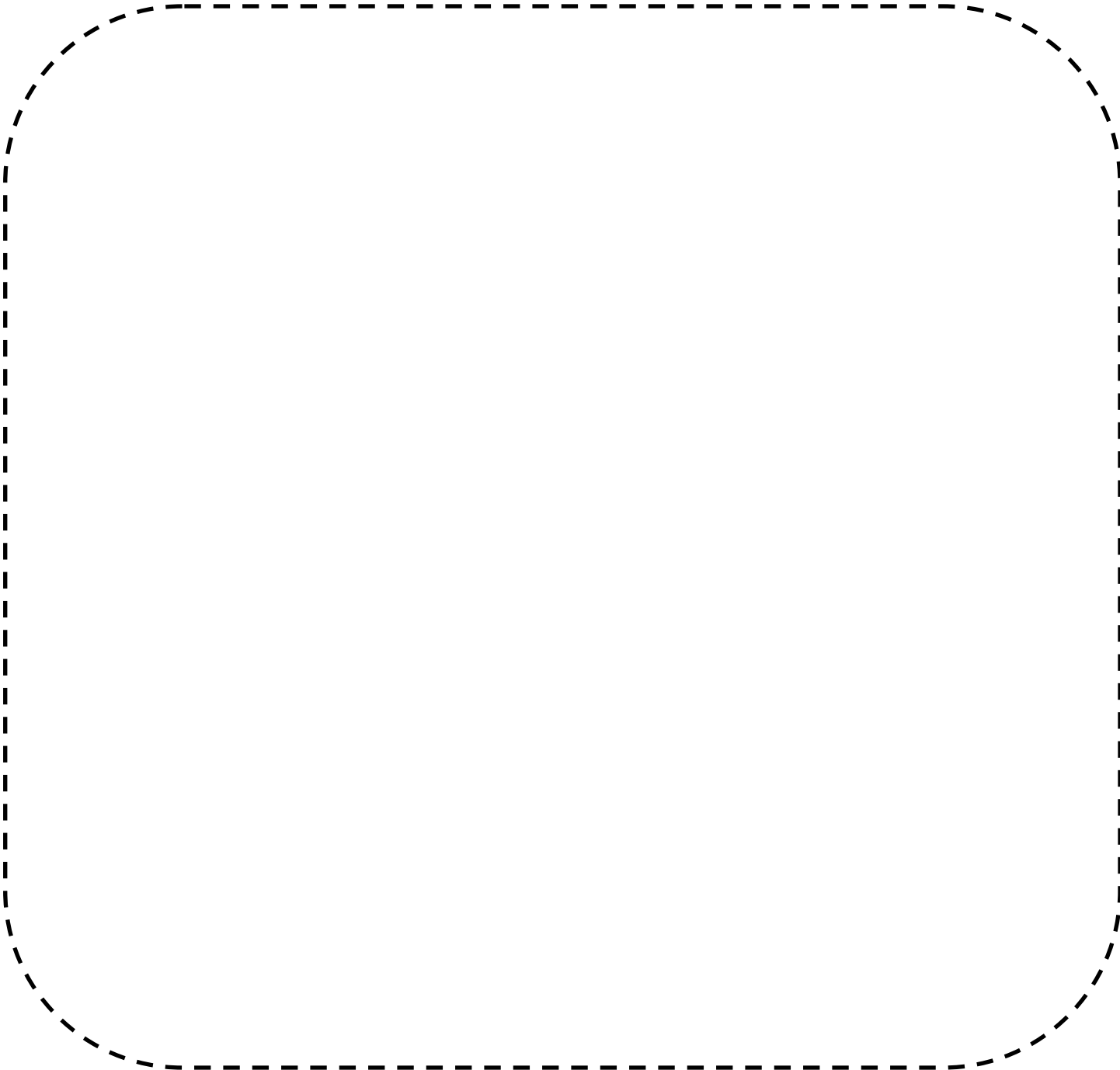
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**You are living through an important time in history right now. Draw a picture of the people you are socially distancing with right now.**



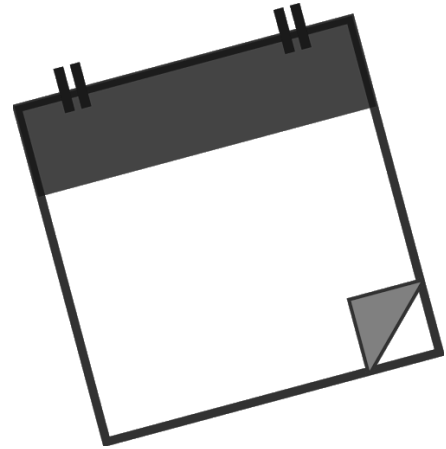


# FAMILY QUESTIONNAIRE



**What new hobbies have you discovered?**

**How many days have you been in quarantine?**



**What is your favorite memory from this time together?**

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**What has been the biggest change for your family?**

**How is homeschooling going?**

<input type="checkbox"/> Couldn't be better!	<input type="checkbox"/> Never again
<input type="checkbox"/> Didn't make it past day 1	<input type="checkbox"/> I'm a genius!
<input type="checkbox"/> Wait, there's homeschool?	<input type="checkbox"/> In detention