

2023 Group Swim Lessons

Members \$75.00 Non-Members \$115.00 (8 Classes)

Members \$60.00 Non-Members \$90.00 (6 Classes)

AUGUST

Monday/Wednesday August 7-August 30

- Stage 1 Water Acclimation Ages 3-5 3:00 PM - 3:45 PM
- Stage 2 Water Movement Ages 3-5 4:00 PM - 4:45 PM
- Stage 1 Water Acclimation Ages 6-12 5:00 PM - 5:45 PM
- Stage 2 Water Movement Ages 6-12 6:00 PM - 6:45 PM

Tuesday/Thursday August 8-August 31

- Stage 3 Water Stamina Ages 5-12 3:45 PM - 4:30 PM
- Stage 4 Stroke Introduction Ages 5-12 3:45 PM - 4:30 PM

Friday August 4- September 29

- Homeschool swim lessons Ages 5-9 1:00 PM - 1:45 PM
- Homeschool swim lessons Ages 10-14 2:00 PM - 2:45 PM

SEPTEMBER

Monday/Wednesday September 6 – September 27 (6 Class session)

Lessons begin on Wednesday due to Labor Day. Make up will be Friday 9/8.

- Stage 1 Water Acclimation Ages 3-5 3:00 PM - 3:45 PM
- Stage 2 Water Movement Ages 3-5 4:00 PM - 4:45 PM
- Stage 1 Water Acclimation Ages 6-12 5:00 PM - 5:45 PM
- Stage 2 Water Movement Ages 6-12 6:00 PM - 6:45 PM
-

Tuesday/Thursday September 5- September 28

- Stage 3 Water Stamina Ages 5-12 3:45 PM - 4:30 PM
- Stage 4 Stroke Introduction Ages 5-12 3:45 PM - 4:30 PM

OCTOBER

Monday/Wednesday October 2- October 25

- Stage 1 Water Acclimation Ages 3-5 3:00 PM - 3:45 PM
- Stage 2 Water Movement Ages 3-5 4:00 PM - 4:45 PM
- Stage 1 Water Acclimation Ages 6-12 5:00 PM - 5:45 PM
- Stage 2 Water Movement Ages 6-12 6:00 PM - 6:45 PM
-

Tuesday/Thursday October 3-October 26

- Stage 3 Water Stamina Ages 5-12 3:45 PM - 4:30 PM
- Stage 4 Stroke Introduction Ages 5-12 3:45 PM - 4:30 PM

OCTOBER (cont.)

Friday October 6- November 10 (6 Class session)

- Homeschool swim lessons Ages 5-9 1:00 PM - 1:45 PM
- Homeschool swim lessons Ages 10-14 2:00 PM - 2:45 PM

Monday/Wednesday October 30-November 15 (6 Class session)

- Stage 1 Water Acclimation Ages 3-5 3:00 PM - 3:45 PM
- Stage 2 Water Movement Ages 3-5 4:00 PM - 4:45 PM
- Stage 1 Water Acclimation Ages 6-12 5:00 PM - 5:45 PM
- Stage 2 Water Movement Ages 6-12 6:00 PM - 6:45 PM

Tuesday/Thursday October 31-November 16 (6 Class session)

- Stage 3 Water Stamina Ages 5-12 3:45 PM - 4:30 PM
- Stage 4 Stroke Introduction Ages 5-12 3:45 PM - 4:30 PM

NOVEMBER

Monday/Wednesday November 27- December 20

- Stage 1 Water Acclimation Ages 3-5 3:00 PM - 3:45 PM
- Stage 2 Water Movement Ages 3-5 4:00 PM - 4:45 PM
- Stage 1 Water Acclimation Ages 6-12 5:00 PM - 5:45 PM
- Stage 2 Water Movement Ages 6-12 6:00 PM - 6:45 PM

Tuesday/Thursday November 28- December 21

- Stage 3 Water Stamina Ages 5-12 3:45 PM - 4:30 PM
- Stage 4 Stroke Introduction Ages 5-12 3:45 PM - 4:30 PM
- Homeschool swim lessons will reconvene in January.

Please Note:

A Parent or Guardian 18+ must remain on deck during swim lessons.
Parents are responsible for the safety of their own children during their class.

Participants may not be moved to a different class once the session begins.

Make-up lessons/refunds will not be given if participants do not attend their lessons.

There is a minimum of three participants to make a class. If the class has less than three, the students may be asked to join another class, or it will be taught for 30 minutes instead of 45.

Questions: Contact Tina Henderson Email: tinah@gapiedmontymca.org