

YMCA Ducks 2026/2027 Short Course Season Info Packet





Georgia's Piedmont YMCA Ducks Swim Team 2026/2027 Short Course Season

Name_____.

Last Middle First

DATE OF BIRTH ____/____/____ AGE____ MALE____ FEMALE____.

ADDRESS_____ CITY _____ STATE _____ ZIP _____.

****Please provide the email that you check the most in order to receive important information on practice, meets, meet entries, etc. This is our most effective form of communication. Please print legibly**

PRIMARY GUARDIAN'S NAME_____.

PRIMARY GUARDIAN'S EMAIL_____.

2ND GUARDIAN'S NAME_____.

2ND GUARDIAN'S EMAIL_____.

WHO WILL BE THE PRIMARY PERSON FOR COMMUNICATION? (YOU MUST SELECT ONE FOR WEBSITE SETUP)_____.

EMAIL (IF NOT ALREADY PROVIDED)_____.

IN THE CASE OF EMERGENCY, PLEASE PROVIDE THE CELL PHONE NUMBER FOR BOTH GUARDIANS:

PRIMARY CELL_____SECONDARY CELL_____.

SEE SHORT COURSE PRACTICE SCHEDULE ATTACHED.

IF YOU HAVE QUESTIONS CONTACT COACH EJ
EJ@gapiedmontymca.org

YMCA MISSION: "To put Christian principles into practice through programs that build healthy spirit, mind and body for all."



Pricing

Short Course Fees Per Month

Senior 1/Senior 2 Groups - Member \$170/Non Member \$200

Silver/Gold Groups - Member \$170/Non Member \$200

Bronze Group - Member \$130/Non Member \$160

Pre-Competitive Group - Member \$60/Non Member \$75

Season Registration Fee: \$50 (One Time Only)
Includes Team Cap

USA Registration Fee: \$89 (Once per calendar year)

Other fees may occur based on meet participation

Shirts are not included in registration. More information on purchasing these will be sent out later.

Meet Fees are an additional charge to be determined by the meet director.
Information will be sent out as it is received.

Tentative Swim Meet Schedule will be posted on our website.
www.ymcabarracudas.com

Short Course Practice Schedule (Starts Mon 8/24/26)

Brad Akins:

- Pre-Comp: 5:00-6:00 PM Tues and Thurs
- Bronze: 5:00-6:00 PM Mon, Tues, and Thurs
- Silver/Gold/Sr1/Sr2: 6:00-7:15 PM Mon, Tues and Thurs
 - All Fri and Sat practices will be at the Walton Site

Walton:

- Pre-Comp: 4:00 - 5:00 PM Tues, and Thurs
- Bronze: 4:00 - 5:00 PM Mon, Tues, Thurs and Fri
 - Fri Practice is for Swimmers from both Sites
- Silver/Gold/Sr1/Sr2: 5:00 - 6:30 PM Mon, Tues, Thurs, Fri
 - 8:00 - 9:30 AM Sat (For swimmers from both sites)

No Practice Dates:

- The days of a meet or after a meet we will generally not have practice.
- We will have adjusted practice schedules during holiday breaks.
- Practice is canceled or adjusted for inclement weather
 - Practices are not made up due to inclement weather or meets

Skill Requirements: Swimmers must be able to meet these requirements to join Pre-Comp. All swimmers must complete an evaluation before registering and for group placement.

- 100 Yards Freestyle (4 lengths)
- 25 Yards of Backstroke (1 length)
- Legal Strokes in Breaststroke and Butterfly
- Tread water for 30 Seconds
- Swimmers must be at least 6 years old

Short Course Season will go through March 18, 2027. If you have any questions about registration please contact Coach EJ.

EJ@gapiedmontymca.org

Swim Team Placement:

If your child has never participated on a year-round swim team then you will need to schedule an evaluation. Please email ej@gapiedmontymca.org to make an appointment.

Swimmers are placed in groups based on their age, ability level, technique, practice effort, and competition times. Swimmers' placement is at the coach's discretion.

Gold Group:

This group is for more advanced swimmers and focuses on more intense aerobic and anaerobic training, as well as more specific technique work. The recommended age for this group is 13-18 years of age. This group practices Mon/Tues/Thurs/Fri from 5:00-6:30 PM at the Walton YMCA and 6:00-7:15 PM at the Brad Akins YMCA.

Silver Group:

This group is the next step after the Bronze Group. These swimmers must be proficient with turns, starts, and all four strokes, and is recommended for swimmers aged 10-16.

This group focuses on anaerobic training as well as more advanced technique work.

This group practices Mon/Tues/Thurs/Fri from 5:00-6:30 PM at the Walton YMCA and 6:00-7:15 PM at the Brad Akins YMCA.

Bronze Group:

This group is the next step after Pre-Comp. These swimmers must be able to complete the basics of turns, starts, and all four strokes, and is recommended for swimmers aged 12 and under. This group practices Mon/Tues/Thurs/Fri from 4:00pm-5:00 PM at The Walton YMCA and 5:00-6:00 PM at Brad Akins YMCA.

Pre-Comp:

This group is for our entry level swimmers and is highly focused on drills and technique.

Swimmers are able to swim at least 100 yards of freestyle, and one length of backstroke. They also have general knowledge and skills for breaststroke and butterfly and is recommended for swimmers aged 12 and under. This group practices on Tues/Thurs from 4:00pm-5:00 PM at The Walton YMCA and 5:00-6:00 PM at Brad Akins YMCA.

Swim Lessons Stages 4 & 5:

These are the final stages of swim lessons to create a smooth transition from lessons to swim team. These groups focus on Stroke Introduction and Stroke Development. For more information on these groups please follow this link provided, or contact Tina at tinah@gapiedmontymca.org

