

August

YMCA Piedmont of Brad Akins

YMCA - Snack (Menu 2026 - 2027)

Juicy Juice - Berry (6.75 oz) Animal Crackers	3	Tiger Bites Grahams Raspberry Rainbow Trix Yogurt	4	Classic Hummus (2.5 oz) WG Pretzel Goldfish	5	Apple Scooby-Doo Graham Sticks	6	Honey Graham Crackers Frigo String Cheese	7
Apple WG Scooby-Doo Graham	10	Crunch Granola (1 oz) Raspberry Rainbow Trix Yogurt	11	Fresh Mandarin Cheddar Goldfish Crackers	12	Juicy Juice - 100% Orange Tangerine Juice (6.75oz) WG Bugbites Graham	13	Juicy Juice - 100% Apple Juice (6.75 oz) Original SunChips	14
Crunch Granola (1 oz) Triple Cherry Trix Yogurt	17	Apple Cinnamon Giant Goldfish Grahams	18	Juicy Juice - 100% Apple Juice (6.75 oz) Original SunChips	19	WG Scooby-Doo Graham Frigo String Cheese	20	Classic Hummus (2.5 oz) WG Pretzel Goldfish	21
Fresh Mandarin Cheez-It Crackers	24	Animal Crackers Strawberry Banana Trix Yogurt	25	Apple Cinnamon Giant Goldfish Grahams	26	Juicy Juice - 100% Orange Tangerine Juice (6.75oz) Scooby-Doo Graham Sticks	27	Bug Bites Grahams Frigo String Cheese	28
Juicy Juice - 100% Fruit Punch Juice (6.75 oz) WG Scooby-Doo Graham	31								

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-3027](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call [\(866\) 632-9992](#). Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;

fax: [\(202\) 690-7442](#); or

email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.