



DECEMBER 2024

Indoor Pool Hours

Monday—Friday 5:00am—8:30pm

Saturday 8:00am—4:30pm

Sunday 1:00pm—4:30pm

**Please see bulletin board in pool lobby for
Swim Team practice times.**

****1 lap lane available during these times**

Aqua Fitness Class Schedule

Aqua classes are 45—50 mins

****There will be 1 lap lane available during Aqua Fitness classes**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aqua mix 9:30AM Carol	Aqua Mix 10:30 AM Allison	Aqua Boot Camp 9:30AM Carol	Aqua Zumba 9:30 AM Sandee (no class 12/26)	Aqua Zumba 9:30 AM Sandee	Aqua Mix 9:30 AM Christina
Aqua Zumba 10:30AM Viktorija	No classes 12/24	Aqua Mix 6:00PM Christina	Aqua Mix 10:30 AM Christina	Aqua Mix 10:30 AM Allison	(No class 12/29)
		Closed 12/25 & 1/1			