

## **DECEMBER 2023**

## **Pool Hours**

Monday—Friday 5:00am—8:30pm

Saturday 8:00am—4:30pm

Sunday 1:00pm—4:340pm

All children 12 and under must be accompanied by an adult

All children under 13 will be required to take a swim test.

Parents are responsible for child's safety.

If a child cannot swim, then the parent MUST stay within arm's reach of the child.

## **Swim Teams practice:**

Tues-Friday 6:15am to 7:15am

Mon—Friday, 4:00 pm to 8:30pm

No open swim Friday 3:30-4:30pm

\*\*\*1 lap lane available during these times

## **Aqua Aerobic Class Schedule**

Aqua classes are 45—50 mins

\*\*2 lap lanes available during all classes except

Wed PM—only 1 lap lane available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aqua mix 9:30AM Carol Aqua Zumba 10:30AM Viktoria	Aqua Mix 10:30 AM Allison	Aqua Boot Camp 9:30AM Carol Aqua Mix 6:00PM Christina	Aqua Zumba 9:30 AM Sandee Aqua Mix 10:30 AM Christina	Aqua Zumba 9:30 AM Sandee Aqua Combat 10:30 AM Allison	Aqua Mix 9:30 AM Christina