



# JANUARY 2025

## Indoor Pool Hours

**Monday—Friday 5:00am—8:30pm**

**Saturday 8:00am—4:30pm**

**Sunday 1:00pm—4:30pm**

**Please see bulletin board in pool lobby for  
Swim Team practice times.**

**\*\*1 lap lane available during these times**

## Aqua Fitness Class Schedule

Aqua classes are 45—50 mins

**\*\*There will be 1 lap lane available during Aqua Fitness classes**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Aqua mix 9:30AM Carol</b>	<b>Aqua Mix 10:30 AM Allison</b>	<b>Aqua Boot Camp 9:30AM Carol</b>	<b>Aqua Zumba 9:30 AM Sandee</b>	<b>Aqua Zumba 9:30 AM Sandee</b>	<b>Aqua Mix 9:30 AM Christina</b>
<b>Aqua Zumba 10:30AM Viktoria</b>		<b>Aqua Mix 6:00PM Christina</b>	<b>Aqua Mix 10:30 AM Christina</b>	<b>Aqua Mix 10:30 AM Allison</b>	
		<b>CLOSED 1/1/25</b>			