



JANUARY 2023

Indoor Pool Hours

Monday—Friday 5:00am—8:30pm

Saturday 8:00am—4:30pm

Sunday 1:00pm—4:340pm

Swim Team Practice—3 Lanes

Mon 4pm—8:30

Wed 4:45pm—5:45pm, 7:00 to 8:30pm

Tues, Thurs, Friday 4pm—7:30pm

Sat 8:15am—9:15am

Now hiring

life guards!

Fill out an

Application today!

All children 12 and under must be accompanied by an adult

All children under 13 will be required to take a swim test.

Parents are responsible for child's safety.

If a child cannot swim, then the parent MUST stay within arm's reach of the child.

Aqua Aerobic Class Schedule

Aqua classes are 45 mins

****During Group Fitness classes, 2 lap lanes will be available**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aqua mix 9:30AM Carol	Aqua Mix 10:30 AM Allison	Aqua Boot Camp 9:30AM Carol	Aqua Zumba 9:30 AM Sandee	Aqua Zumba 9:30 AM Sandee	Aqua Mix 9:30 AM Christina
Aqua Zumba 10:30AM Viktoria		Aqua Tabata 6:00PM Christina	Aqua Mix 10:30 AM Christina	Tabata 10:30 AM Allison	