

July 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
3	4 CLOSED - Independence Day	5 Lunch: BBQ chicken, rice, mashed potatoes, orange, milk Snack: Goldfish, juice	6 Lunch: Turkey and cheese sandwich, cucumbers, applesauce, milk Snack: Graham crackers, juice	7 Lunch: Turkey and cheese burger, salad, apple, milk Snack: Golden graham cereal bar, dried cranberries	8 Lunch: Hispanic chicken wrap, cabbage and carrots, banana, milk Snack: Graham crackers, juice	9
10	11 Lunch: Grilled chicken, mac and cheese, baked beans, juice, milk Snack: Pretzel goldfish, juice	12 Lunch: Turkey and cheese sub, carrots, apple, milk Snack: Animal crackers, juice	13 Lunch: Chicken quesadilla, coleslaw, applesauce, milk Snack: Cinnamon goldfish, juice	14 Lunch: Turkey hot dog, coleslaw, apple, milk Snack: Nutrigrain bar, juice	15 Lunch: Turkey and cheese wrap, salad, chips, orange, milk Snack: Cream cheese bagel, raisins	16
17	18 Lunch: Orange chicken, rice, broccoli, juice, milk Snack: Cheez-its, juice	19 Lunch: Chicken salad croissant, celery sticks, dried cranberries, milk Snack: Strawberry banana yogurt, granola	20 Lunch: Spaghetti, meatballs, corn, green peas, apple, milk Snack: Granola bar, juice	21 Lunch: Cheese calzone, marinara dip sauce, applesauce, milk Snack: Banana muffin, applesauce	22 Lunch: Chicken caesar salad, crackers, banana, milk Snack: Cinnamon graham crackers, juice	23
24	25 Lunch: Grilled chicken, rice, mashed potatoes, juice, milk Snack: Vanilla goldfish, juice	26 Lunch: Turkey bologna and cheese sandwich, WG chips, celery and carrots, juice, milk Snack: Strawberry banana yogurt, craisins	27 Lunch: Chicken and cheese burrito, tomato salsa, orange, milk Snack: Chocolate graham crackers, juice	28 Lunch: Pepperoni calzone, marinara, applesauce, milk Snack: Cinnamon apple muffin, juice	29 Lunch: Summer spiral chicken salad, tomatoes and broccoli, fruit, milk Snack: Vanilla crackers, dried cranberries	30
NOTES		Menu is subject to change based on availabiity to vendor.				