



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA Lifeguard Course

### REGISTRATION:

- Participants must be at least 16 years of age before the start of the course
- Participants must be able to swim a combination of freestyle, sidestroke, backstroke, and breaststroke, treading water, a timed event with diving weight, and other basic swimming skills
- Participants are required to attend every session of the course

### COURSE DATES AND TIMES:

Friday, August 19 4:00pm–8:30pm

Saturday, August 20 10:00am–4:30pm

Sunday, August 21 1:00pm–4:30pm

**\*\*Participants must attend every day of the session.\*\***

### FEES:

Member price \$175, Non-member price \$225. (Price includes rescue mask and digital course book.)

If participant does not pass the skills pre-test, they will be refunded \$65.

\*Current staff please email for staff discount.

### ONLINE COURSE REQUIREMENT:

- Participants will be required to complete the online content before learning the in-water skills. Instructions for the online content will be emailed to all registered participants after registration.
- We encourage participants to register early in order to secure a spot in the class and to receive the online content in a timely manner.
- Registration closes Thursday, August 11, 2022.

### WHAT TO BRING:

- Towel and swim suit are required for every session of the course
- Participants are encouraged to bring their own lunch and snacks for short breaks throughout the course

Upon successful completion of the course, each participant will be certified with Y-USA Lifeguarding (valid for 2 years.)

For additional questions please email Meredith at [meredith@gapiedmontymca.org](mailto:meredith@gapiedmontymca.org).



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## American Red Cross Lifeguard Course Registration Form

August 19–21, 2022

**\*\*\*Please provide the email you check most regularly in order to receive the online content.**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

DOB \_\_\_ / \_\_\_ / \_\_\_\_\_ Age \_\_\_\_\_

(Please make sure you provide the same email address as the one you use for the online portion of the course.)

Emergency Contact Name \_\_\_\_\_

Emergency Contact Cell Phone \_\_\_\_\_

Any physical concerns that we should be aware of?

\_\_\_\_\_  
\_\_\_\_\_

If you are under 18 years of age:

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_

Parent Cell Phone \_\_\_\_\_

### Class Fees:

Member Price: \$175

Non-Member Price: \$225

\*Current staff please email for staff discount

Participants must complete the online content prior to the in-water skills.

If participant does not pass the skills pre-test, they will be refunded \$65.

Please see attached information for additional requirements.

Participants must attend every day of their registered session.

YMCA MISSION: "To put Christian principles into practice through programs that build healthy spirit, mind and body for all."

## YMCA OF GEORGIA'S PIEDMONT PARTICIPANT WAIVER

### PARTICIPANT WAIVER

As a participant in programs offered through the YMCA of Georgia's Piedmont for either myself or my child, the undersigned acknowledges and agrees to the following:

1. The YMCA is a Christian organization and that my child and I are expected to conduct ourselves in accordance with the teachings of Jesus Christ.
2. I give my permission to the YMCA of Georgia's Piedmont for the use of photos and slides that may be taken of my child or of myself and to use, without limitation or obligation, photographs, film footage, or tape recordings which may include either my image or voice or the image and voice of my child for purposes of promoting or interpreting YMCA programs.
3. I understand the YMCA of Georgia's Piedmont assumes no responsibility for injuries or illness which I or my child may sustain as a result of physical condition or resulting from participation in any athletic activities, sports programs, the use of any equipment, exercises, or other activities while on the property of or in conjunction with any activity held, coordinated or sponsored by the YMCA of Georgia's Piedmont. In consideration of the privilege of participation at the YMCA, I hereby voluntarily release and discharge the YMCA of Georgia's Piedmont, its officers, directors, employees, agents, and/or servants from any claims whatsoever, including for injury, illness, death, loss or damage which I or my child may suffer as a result of my/his/her participation in these activities. I understand that no accident or medical insurance is provided with these activities. I fully indemnify and hold harmless the YMCA of Georgia's Piedmont, its officers, directors and employees from any and all claims.
4. I understand the YMCA of Georgia's Piedmont is not responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities, participating in YMCA activities, or on YMCA premises.
5. While the YMCA of Georgia's Piedmont will make every attempt to provide reasonable accommodations for mentally and physically challenged children and adults, the YMCA will not accept children or adults that are (a) of danger to themselves, (b) of danger to others, or (c) a disruption to the normal activities making it unreasonably difficult for other children or adults to enjoy YMCA programs and activities. Any of the above reasons will be grounds for dismissal from YMCA programs and activities. We strongly recommend that you discuss with YMCA of Georgia's Piedmont staff any special conditions or circumstances involving your child or an adult member in your household. We request that you do this PRIOR to registration so that we can advise you as to whether we can make a reasonable accommodation for your child or adult household member.

### Refund Policy

**Withdrawal 10 or more days before start of program:** Director will give a full system credit or a refund (minus a \$10 administrative fee) in the way the original payment was made.

**Withdrawal less than 10 days before start of program:** Director will issue a full system credit. No refunds will be given.\*

**Withdrawal once program has started:** Director will issue a system credit for only the remaining part of the program. No refunds will be given.\*

### ACCEPTANCE

I have read and voluntarily signed this **waiver and release** of liability and **indemnification** agreement, and further agree that no oral representation, statements or inducements apart from the foregoing written agreement have been made. I also accept the Conditions of Membership as well as the conditions imposed upon participants, both youth and adult, in activities and programs provided by the YMCA of Georgia's Piedmont.

\_\_\_\_\_  
**Child's Name (Print)**

\_\_\_\_\_  
**Parent/Guardian Name (Print)**

\_\_\_\_\_  
**Signature of Parent/Guardian**

\_\_\_\_\_  
**Date**