

Personal Training Registration Form

DATE	
NAME	
EMAIL	
PHONE	

What are your fitness/wellness goals? _____

What is your ideal day(s)/time(s) to train? _____

<u>Paid in full options</u>	<u>Monthly draft options</u>
____ 1 Session \$50.00	____ 1 session/week: <u>\$180.00/month</u>
____ 5 Sessions \$240.00	____ 2 sessions/week: <u>\$360.00/month</u>
____ 10 Sessions \$475.00	____ 3 sessions/week: <u>\$540.00/month</u>

*Monthly draft options earn a 10% discount on the training package and includes a free nutrition consultation.

____ **FOR DRAFT ONLY:** Training package price will be drafted on your billing date along with your membership fee. Training packages will be billed for a three month time period, with the option to renew or cancel every 3 months.

____ All sessions expire 60 days from the purchase date.

____ Please provide 24 hours notice to cancel a session. Less than 24 hour notice could result in a forfeiture of the session.

____ All sessions are non-refundable and non-transferable.

Print Name: _____ Signature: _____