

# **Brad Akins YMCA Guidelines & Procedures for Resuming Youth Sports**

The following guidelines and procedures will be implemented in youth sports programs effective July 1, 2020 and continuing indefinitely:

## **Sports Camps**

- Spectators and participants will be required to sign a waiver prior to camp
- No one should attend camp if not feeling well, has a fever, currently under a quarantine, or has been in contact with someone with COVID-19 in the last 14 days. Personal health and safety are the responsibility of all campers, volunteers and staff
- If a positive COVID-19 test is reported to the YMCA, those impacted will be notified, while keeping the individual's identity confidential
- Campers will be given breaks throughout camp to sanitize hands and equipment
- Campers must provide their own equipment and water
- All equipment should be cleaned before and after each day of camp
- Campers should not share water
- Benches will be sprayed with cleaning solution by YMCA staff before and after each break
- Restrooms will be disinfected before and after each break by YMCA staff
- Campers will be sorted into small groups for the duration of camp. Camp groups will not mix throughout the week
- Camper groups will spread out and social distance on the soccer fields. Each camp group will have their own set of equipment to use throughout the week

## **Youth Soccer**

- Spectators and participants will be required to sign a waiver prior to season
- No one should attend practice/games if not feeling well, has a fever, currently under a quarantine, or has been in contact with someone with COVID-19 in the last 14 days. Personal health and safety are the responsibility of all players, volunteers and staff
- If a positive COVID-19 test is reported to the YMCA, those impacted will be notified, while keeping the individual's identity confidential
- Players will be given breaks throughout practices/games to sanitize hands and equipment
- Players must provide their own equipment and water for each practice/game

- Bleachers will not be available; please bring your own chair
- All equipment should be cleaned before and after each use
- Players should not share water
- Benches will be sprayed with cleaning solution by YMCA staff regularly
- Restrooms will be disinfected regularly by YMCA staff
- Practice/game times will be staggered to minimize exposure to different groups
- Teams will be given own set of cones to use for duration of season
- Sanitation stations will be made available for players to use
- Players will need to remain in their vehicles until practice time
- Spectators will be limited for practices/games
- Staff, coaches and volunteers will undergo training to review best practices for social distancing, cleaning and minimizing exposure

### Cheer & Tumbling

- Spectators and participants will be required to sign a waiver prior to season
- No one should attend class if not feeling well, has a fever, currently under a quarantine, or has been in contact with someone with COVID-19 in the last 14 days. Personal health and safety are the responsibility of all campers, volunteers and staff
- If a positive COVID-19 test is reported to the YMCA, those impacted will be notified, while keeping the individual's identity confidential
- Participants will be given breaks throughout class to sanitize hands and equipment
- Participants must provide their own equipment and water
- All equipment should be cleaned before and after each day of class
- Participants should not share water
- Benches/chairs will be sprayed with cleaning solution by YMCA staff before and after each break
- Restrooms will be disinfected before and after each break by YMCA staff
- Spectators will not be permitted in the Cheer & Tumbling studio
- Participants must enter and exit one way (follow signs)
- Studio doors will remain open during class for air flow
- Sanitation stations will be made available for participants
- Tumbling mats will be disinfected regularly
- Class times will be staggered to minimize exposure
- Class sizes will be limited to maintain social distancing

- **Martial Arts**
- **Spectators and participants will be required to sign a waiver prior to season**
- **No one should attend class if not feeling well, has a fever, currently under a quarantine, or has been in contact with someone with COVID-19 in the last 14 days. Personal health and safety are the responsibility of all campers, volunteers and staff**
- **If a positive COVID-19 test is reported to the YMCA, those impacted will be notified, while keeping the individual's identity confidential**
- **Participants will be given breaks throughout class to sanitize hands and equipment**
- **Participants must provide their own equipment and water**
- **All equipment should be cleaned before and after each day of class**
- **Participants should not share water**
- **Benches/chairs will be sprayed with cleaning solution by YMCA staff before and after each break**
- **Restrooms will be disinfected before and after each break by YMCA staff**
- **Spectators will not be permitted in the Martial Arts studio**
- **Participants must enter and exit one way (follow signs)**
- **Studio doors will remain open during class for air flow**
- **Sanitation stations will be made available for participants**
- **Martial Arts mats and equipment will be disinfected regularly**
- **Class times will be staggered to minimize exposure**
- **Class sizes will be limited to maintain social distancing**

### **Homeschool PE**

- **Spectators and participants will be required to sign a waiver prior to semester**
- **No one should attend class if not feeling well, has a fever, currently under a quarantine, or has been in contact with someone with COVID-19 in the last 14 days. Personal health and safety are the responsibility of all campers, volunteers and staff**
- **If a positive COVID-19 test is reported to the YMCA, those impacted will be notified, while keeping the individual's identity confidential**
- **Participants will be given breaks throughout class to sanitize hands and equipment**
- **Participants must provide their own water**
- **All equipment will be cleaned before and after each day of class**
- **Participants should not share water**

- Benches/chairs will be sprayed with cleaning solution by YMCA staff before and after each break
- Restrooms will be disinfected before and after each break by YMCA staff
- Spectators will not be permitted in the class
- gym doors will remain open during class for air flow
- Sanitation stations will be made available for participants
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### Youth Basketball

- Spectators and participants will be required to sign a waiver prior to season
- No one should attend practice/games if not feeling well, has a fever, currently under a quarantine, or has been in contact with someone with COVID-19 in the last 14 days. Personal health and safety are the responsibility of all players, volunteers and staff
- If a positive COVID-19 test is reported to the YMCA, those impacted will be notified, while keeping the individual's identity confidential
- Players will be given breaks throughout practices/games to sanitize hands and equipment
- Players must provide their own equipment and water for each practice/game
- All equipment should be cleaned before and after each use
- Players should not share water
- Benches will be sprayed with cleaning solution by YMCA staff regularly
- Restrooms will be disinfected regularly by YMCA staff
- Practice/game times will be staggered to minimize exposure to different groups
- Teams will be given own set of cones to use for duration of season
- Sanitation stations will be made available for players to use
- Players will need to remain in their vehicles until practice time
- Spectators will be limited for practices/games
- Staff, coaches and volunteers will undergo training to review best practices for social distancing, cleaning and minimizing exposure