



# SEPTEMBER 2023

## Pool hours

Monday—Friday—6:30am—8:00pm

Saturday 8:00am—4:30pm

Sunday 1:00pm—4:30pm

Facility closed for Labor Day  
Monday 9/4/23

All children 12 and under must be accompanied by an adult

All children under 13 will be required to take a swim test.

Parents are responsible for child's safety.

If a child cannot swim, then the parent MUST stay within arm's reach of the child.

## Aqua Aerobic Class Schedule

Aqua classes are 45 mins

\*\*2 lap lanes available during this time

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Aqua mix</b> <b>9:30AM</b> <b>Carol</b>  <b>Aqua Zumba</b> <b>10:30AM</b> <b>Viktorina</b>	<b>Aqua Mix</b> <b>10:30 AM</b> <b>Allison</b>	<b>Aqua Boot Camp</b> <b>9:30AM</b> <b>Carol</b>  <b>Aqua Tabata</b> <b>6:00PM</b> <b>Christina</b> <small>(3rd Wed will be Aqua Combat)</small>	<b>Aqua Zumba</b> <b>9:30 AM</b> <b>Sandee</b>  <b>Aqua Mix</b> <b>10:30 AM</b> <b>Christina</b>	<b>Aqua Zumba</b> <b>9:30 AM</b> <b>Sandee</b>  <b>Aqua Combat</b> <b>10:30 AM</b> <b>Allison</b>	<b>Aqua Mix</b> <b>9:30 AM</b> <b>Christina</b> <small>(1st &amp; last Sat will be Aqua Combat)</small>