

## YMCA OF GEORGIA'S PIEDMONT COVID-19 FALL 2021 GUIDELINES & PROCEDURES FOR YOUTH SPORTS

The health and safety of our participants, parents, spectators, volunteers, officials and staff remain our highest priority. With that in mind, the following guidelines and procedures will be implemented in youth sports programs effective July 1, 2020 and continuing indefinitely:

### **Stay Home when Appropriate**

- Players, parents, coaches, spectators and officials should stay home and not attend programs or activities if sick, have fever, tested positive, currently under a quarantine, or are showing symptoms of COVID-19.
- Individuals that have recently had close contact with a person with COVID-19 (close contact defined as within 6 feet for a period of 15 minutes or longer) should not attend programs or activities.
- Players, coaches, parents/guardians and spectators who are high-risk should seek approval from medical professional prior to attending any activity.

### **Communicate Potential or Confirmed Exposure**

- All players, coaches, and officials are encouraged to self-report to the YMCA if they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the last 14 days.
- In addition, players that start to feel ill during an activity should inform parents and/or coach, isolate from others and go home or to a healthcare facility.

## **Use Cloth Face Coverings**

- Any participant who prefers to wear a cloth face covering during an activity is allowed to do so.

## **Follow Proper Hygiene and Etiquette**

- All persons should wash hands with soap and water for at least 20 seconds frequently. Hand washing or use of hand sanitizer that contains at least 60% alcohol should be used after using the restroom, before and after eating, and before and after use of any shared equipment.
- All persons should cover their coughs and sneezes with a tissue or use the inside of their elbow.

## **Follow Procedures for When Someone Gets Sick**

- Immediately isolate a sick person away from others and contact your healthcare provider for more guidance.
- Notify the YMCA who will make notifications to others; YMCA will provide guidance on return to programs.
- Respect the safety and privacy of the COVID-19 individual by not sharing name or personal details on that individual when notifying others of potential exposure.
- Notify persons exposed to a known COVID-19 diagnosis and advise them to follow CDC guidance.

## **YMCA COVID-19 PROTOCOLS**

The YMCA has implemented several strategies to mitigate COVID-19 risks.

- Encourage persons to physically distance a minimum of 6 feet from others not in their household.

- Promote healthy hygiene practices, such as hand washing before and after activities, encouraging persons to cover coughs and sneezes and reminding players to not high five one another.
- Educate coaches, officials, and staff of all safety protocols.
- Allow players, coaches and spectators that opt to wear a face covering to do so.
- Conduct training for coaches virtually when appropriate.
- Expect any organization that uses park facilities to follow these considerations.
- Identify the Sports Director as the designated COVID-19 point of contact responsible for responding to COVID-19 concerns.
- Regularly clean and disinfect park facilities, such as restroom facilities and other indoor areas.
- Inform others with potential direct contact of confirmed COVID-19 person.
- Be prepared and follow procedures if someone in the program gets sick.
- Report any known COVID-19 case to local health officials.
- Publicize any facility closures and/or restrictions related to limiting COVID-19 exposure.

All protocols are subject to change pending patron compliance and any new established guidelines.